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Seasoning the Seasons™

The Institute for Christian Formation, Inc.

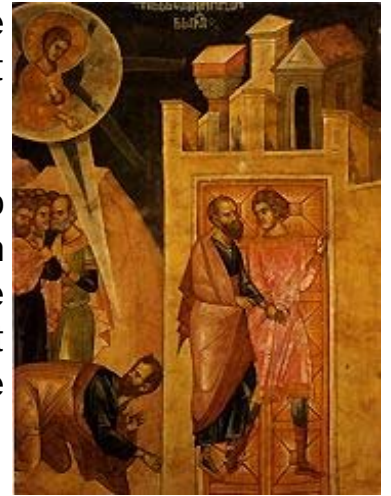
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Feast of the Conversion of Paul, Apostle

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On January 25 we celebrate a special Feast Day in the Catholic Church. It is called the Feast of the Conversion of Saint Paul. The word "conversion" means to change.

Saint Paul lived almost 2,000 years ago. His name used to be Saul, and he was mean to Christians. But then one day when he was on the road to a city called Damascus, he heard the voice of the risen Jesus speak to him. Saul changed his life and did not hurt Christians anymore. His name became Paul, and he became a follower of Jesus.



Conversion of Saint Paul
14th Century
Location: Decani Monastery, Serbia



Saint Paul traveled on journeys to teach others about Jesus. Along the way he was even shipwrecked and put into jail. But he never stopped telling others about Jesus. He wrote letters to the Christians in the cities he had visited. We still read his letters today. Listen very closely to the second reading from the Bible at Mass on Sundays. It is often from one of the Letters of Saint Paul.

When you celebrate the Feast of Saint Paul on January 25, think of how Saint Paul changed. And think of one way you can change to be more like Jesus, too.

Activity: Draw a picture of Saint Paul traveling on a ship. Write one thing about Jesus you think Saint Paul will tell the people he is going to visit.