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Seasoning the Seasons™

The Institute for Christian Formation, Inc.

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Feast of the Exaltation of the Holy Cross

The Exaltation of the Holy Cross: September 14

Fill in the blanks using the words at the bottom of the page.

Saint _____ was the mother of the Byzantine Emperor _____ . Early in the _____ century, she went to _____ in search of the cross on which _____ died. She found the cross buried under a sweet smelling herb which was named _____, from the Greek word meaning king. To let her son know she had found the True Cross, Saint _____ had a relay of _____ that went from mountaintop to mountaintop from the city of _____ to the city of _____, which is today called Istanbul. The Emperor _____ had a church built on the site where the cross was found. This Church was dedicated on September 14 in the year _____. Pilgrims came to _____ the wood of the Cross. Each year on September 14 we _____ the Feast of the Exaltation of the Holy Cross.

Word List

Jerusalem*
bonfires
Helena*
335

basil
venerate
celebrate
Constantinople

Constantine*
fourth
Jesus

**Each of these three words will be used two times in the story.*